

HEALTH RESOURCES FOR CHILD CARE PROVIDERS

The county provides this list as a sample of companies that provide pediatric (infant and child) CPR and first aid. It is not a complete list, and is not offered by the county as a recommendation or endorsement. You are encouraged to do your own research in selecting a company for these services.

Adult & Community Education

Fairfax County Public Schools
www.fcps.edu/aceclasses
703-658-1225

American Health Services

www.americanhealthserve.com
703-619-1034

American Lifeguard Association

www.americanlifeguard.com
703-761-6750

American Red Cross

(English and Spanish)
www.redcross.org
703-584-8700

CGS CPR Specialist

(English and Spanish)
www.cgscprspecialist.com
703-337-4431

CISNE Services

(English and Spanish)
www.cprcp.com
703-574-3226

CPR-N-U

classes@CPR-N-U.com
202-679-5880

Edith Rajendran

(English, Hindi, and Urdu)
ejrajendran2006@yahoo.com
703-830-3481

GotCPR

www.gotcpr.net
571-218-0871

Healthy Happy Heart CPR

(English and Spanish)
mariadelmycpr@gmail.com
202-810-3358

Heart Starts, LLC

www.heartstarts.com
703-261-7098

Inova

www.inovahealthsource.org
855-694-6682

Linda Merino

(English and Spanish)
lmerino1@msn.com

Quality Health Services

www.qualityhealthservicesllc.net
703-910-7081

Safety First CPR & First Aid

(English and Spanish)
www.safety1stcpr.wix.com/safety1stcpr
703-209-2216

Sandhya Parihar

(English, Hindi and Urdu)
sandhya_parihar29@yahoo.com
301-919-2685

The county welcomes your feedback on any of the companies listed above.

Note: When contacting these companies, confirm that you will be issued a CPR/first aid card. Online or video first aid and/or CPR training will not be accepted for permit certification.

Health Department telephone numbers to call for TB Tests*:

Herndon

703-481-4242

Mt. Vernon

703-704-5203

Falls Church

703-534-8343

Springfield

703-569-1031

Fairfax

703-246-7100

*You can also call your own doctor for a TB test.

Medication Administration Training

The county provides this list as a sample of companies that provide PMAT or MAT training. It is not a complete list, and is not offered by the county as a recommendation or endorsement. You are encouraged to do your own research in selecting a company for these services. You can find additional vendors and scheduled trainings offered on TIPS calendar at: <https://www.dss.virginia.gov/family>.

Christine Carlock, RN

ccargo@verizon.net
www.MATplusmore.com
703-402-5011

Grace Cole-Alston, RN

NOVAMATTrainer@aol.com
703-757-0123
703-969-1277

Dianne Dean

Heart Starts, LLC
www.heartstarts.com
training@HeartStarts.com
703-261-7098

B. J. Fischer

American Lifeguard Association
703-761-6750
www.americanlifeguard.com
alalifeguard@aol.com

Chad Smith, LPN

www.cgscprspecialist.com
703-337-4431

Marilyn Trapeni

mhtrapeni@aol.com
703-901-7310

Regina Watson, RN

daybreakhealth@comcast.net
703-470-9135